

Men's Ministry

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Behold, how good and how pleasant it is for
brethren to dwell together in unity!

Psalm 133:1

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Christ Temple Church of the Apostolic Faith, Maywood, Illinois
Real Men...
News Briefing

From the Desk of the Chairman

TELLING STORIES....

When I was a child whenever a person stated something that was untrue, we would call it – telling a story. Why were we instructed to use this phrase? We were too young to use the harsh word – LIE.

Many people today have diminished the true meaning of an untruth. They tend to dress it up, wrap it in a box and put a bow on it. It's still a lie in a box with a bow on it!

It is time to call IT for what it is. If your goal is to make it to Heaven, you must maintain a certain moral standard. The bible says in essence in Rev 21:8 and Rev 22:15 that if you love a lie and make a lie not only will you not go to heaven but you will burn with fire and brimstone. This means that in order to go to heaven we must not intentionally lie. I will go one step further. We cannot go to heaven if we enjoy hearing a lie and enjoy laughing at a lie.

Anthony, aren't you being a little too harsh? Isn't this a little overboard? NO and NO. God wants us to tell the truth at all times. David posed the question "Lord, who shall abide in thy tabernacle? Who shall dwell in thy holy hill?" He then answered it by saying, "he that sweareth to own hurt and changeth not". (Psalms 15:1-4) In order to go to heaven, you must keep your promises. If you don't, you have lied and are then categorized as a LIAR. When making promises maybe we should say, "If it is the Lord's will or I plan to".

What about people that tell a little joke every now and again? Sometimes we tend to say something that is funny and then respond ... "Oh, I was just kidding". Was the statement TRUE? No, let me help you rephrase your statement... "Oh, I was just lying".

There are people that lie out of habit. They lie just to be lying. These are habitual liars. These people cannot help themselves. They lie about unnecessary things and then forget which lie they told and then have to lie to get out of the other lie.

It is so easy to tell the truth. When you tell the truth, you feel clean. You can sleep at night knowing that you do not have to remember the sequence of lies that you told today because you told the truth. The truth is easy to remember.

Telling a lie isn't new. People lie in an effort to manipulate others so they can impose their will on others. This is straight from the devil. If you need proof, read the story of Jezebel in 1 Kings Chapters 18, 19, and 21.

Is lying serious? Ananias and Sapphira dropped dead for telling an unnecessary lie. (Acts 5:1-11)

Let us work on ourselves and STOP TELLING STORIES....

Deacon Anthony D. Bellamy

From the Pastor's Office
District Elder Michael Bellamy
IN HIS HANDS



Over thirty years ago, I injured my lower back muscle. Since that time, I have suffered, as many others do, with my back going out on me when I least expect it to.

A few weeks ago, as I bent over to tie my shoe laces the muscle in my lower back was pulled and my back was out again. In previous years, I would climb back into the bed and take pain pills and muscle relaxers. A friend told me that was the worst thing to do. He advised me to stay active and do some simple exercises. Over the past few years that proved to be very helpful.

I was scheduled to be in Durham, North Carolina at Bishop Coleman's Anniversary. Although my back was out, I took the flight there. My brothers, that was one of the most painful trips in my life. However, the Lord gave me traveling grace. The Lord lifted the pain on the days I was scheduled to preach as I entered the pulpit. After the service, the pain returned and sometimes I thought they were going to have to carry me to the car.

My return flight was on a Sunday evening and I arrived and departed on time. During the flight, I was in so much pain. If I had a parachute, I would have asked the stewardess to open the door and let me jump out. God gave me strength to remain calm throughout the flight and retrieve my luggage.

My wife knew what time I was arriving and I could not wait to get home and get in the bed. When I called her, she informed me that she was at the wrong airport. That meant another hour of waiting in excruciating pain.

I went to see the doctor and he recommended I take muscle relaxers and pain pills and remain on bed rest for ten days. A few days later, I visited the naprapath. After thirty minutes of twisting, pulling, and praying I was able to walk out without assistance.

The naprapath looked at me and immediately knew what was wrong. But, in order to relieve the pain he had to touch the areas where I was hurting. As he pulled, twisted and jerked, I screamed in pain. The only way I could get better was by enduring the pain and relaxing my body while in the hands of the naprapath.

While he was treating me, my hand was working its way to his hand to push it away. He said, "I got it, I don't need any help." He was massaging the area that was severely hurting. I desired to be relieved of the pain, but to be relieved I had to relax while in his hands in spite of the pain.

My body was misaligned and the muscles were contracted. I needed to relax in the hands of the naprapath and trust that when he was finished I would be pain free.

My brothers, sometimes our lives are misaligned, contracted and in pain. We must learn to relax in the hands of God. He has it and does not need any help.

Our Mission

Through God's inspired guidance, we will offer every man the Gospel of Christ, encourage them to pursue God, while equipping them for spiritual service at church, home, workplace, community and the world.



Real Men.....Pray



Men ought always to Pray, and not to faint; Luke 18:1



From our Assistant Pastor



Beware the Bootlegger

Each year, unsuspecting consumers looking for deep discounts purchase merchandise from neighborhood retailers, in-home sales reps, and street vendors looking for that Saks Fifth Avenue or Macy's look at bargain prices.

These unsuspecting shoppers buy perfume, wallets, purses, movies and even pharmaceuticals, only to later find out they bought a knockoff from a bootlegger. After a close inspection, you noticed it is actually a near-authentic fake-- Patek Philippe, with an extra "I". Or perhaps, that Gucci handbag with a few strings of thread lingering was a Gucci-style bag.

Each year, law enforcement officials confiscate numerous counterfeit items that infringe on protected trademarks. The suggested retail values are in the millions. In fact, fake goods increased by 38.7 percent in 2008.

While I am cautious of the above, I am even more alarmed by Christian bootleggers who deceived souls in search of God's plan of salvation. These swindlers peddle a watered down gospel with enticing words. They come bearing fancy packages with little to no substance inside. The Apostle Paul told an inexperienced preacher named Timothy that these phonies "have a form of godliness but deny the power thereof." They make their way into homes of the unsuspecting and take advantage to their weaknesses.

Jude, the brother of Jesus, says these smugglers have sneaked in among God's chosen ones undetected. They have a black-market word, song, tongue, and shout. When we look at the seams of their lifestyles, blemishes are revealed. They refuse to walk in the Lord's unmerited favor choosing instead to stride in extreme lusts. Their evil hearts have led them to deny God and His son, Jesus Christ. Their goods may pass your smell test, but these cons have been marked by God for condemnation.

Like others in history, they are manufacturing reproductions unlawfully with ungodly motives, probably fast cash. And if we are not careful, we too can be deceived by what is pleasing to the eye, and feels good to the flesh.

REMEMBER:

If it sounds too good to be true, it probably is.

With Much Love,
Elder Corey L. Bellamy, Sr.
Elder Corey L. Bellamy, Sr., Assistant Pastor

Past Events

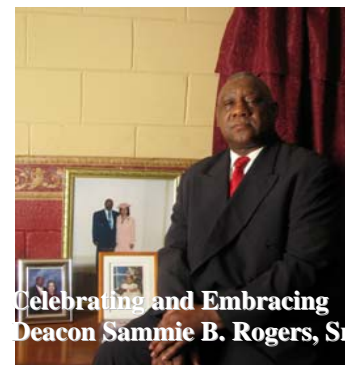
Men's Ministry Fish Fry 2009



Celebrating Brotherly Love.....



Someone You Should Know



**Celebrating and Embracing
Deacon Sammie B. Rogers, Sr.**

Deacon Sammie B. Rogers, Sr., a man who exemplifies hard work, loyalty and dedication to his fellow man. I had the esteemed pleasure of sitting down and interviewing our Head Deacon, Sammie B. Rogers, Sr. First of all, we know he likes to eat, so he was asked:

Elder Jerry Lawrence: What is your favorite food?

Deacon Rogers: Collard Greens.

Elder Lawrence: What is your favorite hobby?

Deacon Rogers: Basketball.

Elder Lawrence: Who was the most inspiring person early in your life?

Deacon Rogers: My Mother.

Elder Lawrence: What do you enjoy most about being a Deacon?

Deacon Rogers: I enjoy the people and serving the people. I don't care much about the Title, but I love serving people.

Elder Lawrence: What advise would you give to younger gentleman?

Deacon Rogers: They should honor their mother and father and all older people. I would also advise them to grow up in the church.

Elder Lawrence: You have served two great Pastors. What are your thoughts?

Deacon Rogers: Bishop (the late Bishop Bellamy) taught me a lot. I was his chauffeur, so I learned quite a bit being around him. Serving in this capacity, I am able to assist D/E Michael Bellamy. D/E Michael Bellamy and I have been together a long time. We worked in various auxiliaries together. We have a close bond, we respect one another and we are on one accord.

While Deacon Rogers is a great asset to Christ Temple, he is also a devoted family man. He is the father of three children and a great provider. Deacon Rogers worked for Commander Packing Company for 31 years. He is a product of Helena Arkansas and now resides in Maywood, IL (40 years). He is a man of great integrity and an outstanding friend and brother. We salute you, Deacon Sammie B. Rogers, Sr.

Submitted by Elder Jerry Lawrence

Men's Health

Back Pain

Back pain affects 80% of Americans at some time in their lives. It comes in many forms, from lower back pain, middle back pain, or upper back pain to low back pain with sciatica. Causes of common back pain include, nerve and muscular problems, degenerative disc disease, and arthritis. Many people find relief from symptoms of back pain with pain medication or pain killers.

Low back pain: Exercises to reduce pain

- Low back pain is very common among adults and is often caused by overuse and muscle strain or injury. Treatment can help you stay as active as possible, and it will help you understand that some continued or repeated back pain is not surprising or dangerous.
- Most low back pain can get better if you stay active, avoid positions and activities that may increase or cause back pain, use ice, and take nonprescription pain relievers when you need them.
- When you no longer have acute pain, you may be ready for gentle strengthening exercises for your stomach, back, and legs, and perhaps for some stretching exercises. Exercise may not only help decrease lower back pain, but it may also help you recover faster, prevent re-injury to your back, and reduce the risk of disability from back pain.
- Exercises to reduce low back pain are not complicated and can be done at home without any special equipment.
- It's important that you don't let fear of pain keep you from trying gentle activity. You should try to be active soon after noticing pain, and gradually increase your activity level. Too little activity can lead to loss of flexibility, strength, and endurance, and then to more pain.



Source: Web MD

Past Events Continued.....

CTC-Maywood Men's Ministry Prayer and Fish Fry Event was...WOW!!! The MEN showed up and Women's Ministry showed out. IT WAS AMAZING. We prayed together and then enjoyed a beautifully, amazing holiday table setting with excellent food. What did we have???...Well, perfectly golden fried perch and catfish (provided by The Real Deal Laundry Service) with spaghetti, potato salad, coleslaw, slices of French bread, red and white grape sparkling cider, soda and water. I mean beautiful platters of food. It was capped off with 7-up cake. If that wasn't enough, they served coffee afterwards. This was too good. We were fed spiritually and naturally. To Gwen, Vanessa and your team that served us THANK YOU SO MUCH!!!! Oh yeah, afterwards we set up the Big Screen and sound system to enjoy the NBA on Play Station. That was awesome!!! When men of all ages come together - What a great time!!!



Real Men.....

Play Hard

FINANCIAL PAGE...

Keys to Financial Success

In the coming months we will discuss the top 10 keys to financial success. Each component of this series will thoroughly highlight topics that have been proven, through practice; to stabilize your financial structure and prepare you for a more promising retirement. The Top Ten Keys are as follows, as it will be covered:

- Get paid according to your skill set and spend less than what you earn
- Prepare Realistic Budget to be Executed
- Eliminate Credit Card Debt
- Plan for your Retirement
- Have a Savings Plan
- Know/Use Employee Benefits
- Maximize Promising Investments
- Review Your Insurance Coverage
- Update your Will
- Keep Good Records

Current Topics:

Get Paid According To Your Skill Set and Spend Less Than What You Earn

It sounds simplistic, but many people struggle with this first basic rule. Make sure you know what your job is worth in the marketplace, by conducting an evaluation of your skills, productivity, job tasks, contribution to the company, and the going rate, both inside and outside the company, for what you do. Being underpaid even a thousand dollars a year can have a significant cumulative effect over the course of your working life.

No matter how much or how little you're paid, you'll never get ahead if you spend more than you earn. Often it's easier to spend less than it is to earn more, and a little cost-cutting effort in a number of areas can result in big savings. It doesn't always have to involve making big sacrifices.

Prepare a Realistic Budget to be Executed

One of my favorite subjects: budgeting. How can you know where your money is going if you don't budget? How can you set spending and saving goals if you don't know where your money is going? You need a budget whether you make thousands or hundreds of thousands of dollars a year.

Word Search Game

The Twelve Apostles

B D J G H Y U R D I V O
N P T E J E D R E O C D
W E M O H T R A B T F K
R G T N G P E D D O E W
B R H S X T M S T I W P
M O A E D R W V Y R D A
T S D M I Z E L I A C F
B Z D A P Z H J T C J P
P S E J L V T I H S X E
R H U S P M T P O I W Z
S H S X T U A H M S E K
I E O O L J M I A A R R
M Y G K V A G L S D D J
O E T Q F M V I K U N U
N J K D O E V P F J A U
M D K P H S N H O J W O

Peter	Andrew	James	James
Philip	Thomas	Matthew	Judas
Simon	Thaddeus	John	Bartholomew



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SPORT'S PAGE



The Question We Asked Maywood, Illinois:

1. *What did you think about the big game with the CAVALIERS vs LAKERS???*
2. *What about LA's fan reaction at the end of the game?*

"Labron is garbage. If Kobe didn't have a broken finger, LA would have won. The fans had a right to boo after the game."

EZOA RAGLAND
Maywood, Illinois

"Kobe has six rings, how many does Labron have? Kobe has all of the experience Labron has none. Kobe dropped 35 points, Labron dropped 26 points. The fans were bogus after the game."

TERRY JAMES
Maywood, Illinois

"I am a Cavalier fan!!! I was happy that Labron blew out the Lakers. Mo Williams carried the game by dropping 35 points. A 2nd string player almost scored more points than Kobe. And who won??? That's all I'm saying. Everybody says that Kobe is better than Labron. Who won the game?"

"If I was a fan I would have been upset too because Labron embarrassed Kobe at his own game and at home!!!"

DENZEL FOSTER
Maywood, Illinois

Christ Temple Church
Maywood, Illinois
Men's Ministry Planning Committee



Brother Dunk Bouie, Sr.



Brother Joseph Scott



Brother Michael P. Bellamy, Sr.



Deacon Victor Robinson



Deacon John P. Bellamy III



Brother Dunk Bouie, Jr.

Real Men.....

Write Poetry

Brother...

If you kill the head, this will ultimately lead to the body's demise. So it should come as no surprise that we as men are attacked on every side. But, we were bought with a price before we left the womb. We have the right to eternal life because Jesus left the tomb. His blood binds us closer than any family name ever could. We ought to be so unified and focused on a goal that it may cause our tongues to change.

But, that won't matter, if our minds are one and the same. Never allow envy to set in. If God does it for the next and not you, still know that He's able. But, if you accept the spirit of Cain, then that makes your brother Abel. If we are to have blood on our hands, let it come from closing the wounds of another. Keeping my brother will help me keep myself. I pray for strength, so whenever you need me, I can be there. We should be so connected, so intertwined, that when there is a pain in your heart, I should feel it in mine. Why? Because I love you. You're my brother.

Submitted by,

Ryan 'Professor' Brown

