

# Men's Ministry

Anthony D. Bellamy, *Chairman*  
Jerry Lawrence, *Assistant Chairman*  
John P. Bellamy, III, *Secretary*

## *Men's Ministry Planning Team*

Dunk Buie  
Dunk Buie, Jr.  
Tommy Grady  
John P. Bellamy, III  
Michael P. Bellamy, Sr.  
Victor Robinson

Behold, how good and how pleasant it is for brethren to dwell together in unity!  
Psalm 133:1

## *Christ Temple Church of the Apostolic Faith International Ministries*

502 S. 6<sup>th</sup> Avenue  
Maywood, IL 60153  
(708) 343-2380  
[www.ctcafmaywood.org](http://www.ctcafmaywood.org)  
District Elder Michael Bellamy, Pastor

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Real Men...  
News Briefing

# *Touch Down...*



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## *FROM THE ASSOCIATE PASTOR'S OFFICE*

### **Revival Begins with Re-Bible**



Brothers, we have reached a New Year. It's common for us to examine our hopes, dreams and goals to determine our personal progress. Somewhere at the top of the list, no doubt, is a burning desire for a closer walk with the Lord. We think about the successes that we expressed publicly by song and testimony and the challenges that we have rehearsed over and over again in the quietness of our minds.

Spiritual triumph is derived from a deep and meaningful relationship with God. The pathway of accomplishment requires an awakening, a revival. But we can't maintain access to the throne room until we Re-Bible.

One of my favorite history lessons in the Bible is the story of King Josiah. He (1) sought the divine will of the Lord; (2) removed the carved and molten images of false gods; (3) broke down the altars dedicated to idol worship, made dust of them, and sprinkled the ashes on the graves of the idol worshippers; (4) burnt the bones of the ungodly priests; and (5) began to renovate the House of the Lord.

While repairing the Temple, there was a divine revelation, they found the lost Book of the Law. Often I wonder, how could God's Word be lost? Were they having church services without the God of David, their father? Maybe the services became nothing more than social programs.

When King Josiah heard the Word of God as written by Moses, he agonized and tore his clothes off because the people of God failed to hold fast to all the commandments of God. As a result of King Josiah's tender heart, humble spirit, willingness to hear, boldness to make a stand, and weeping before God, his sins were forgiven and the peace of God was extended to him.

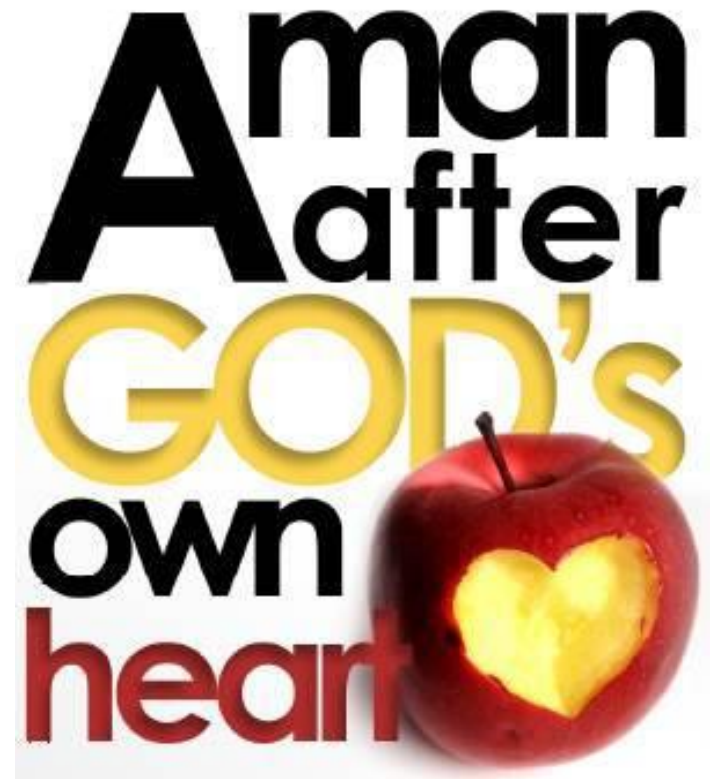
Josiah immediately gathered all the people where they publicly read aloud the book of the covenant. After hearing God's plan, the people agreed to "stand to it." Then, Revival returned to Jerusalem and Judah.

Brothers, before we can have a closer and intimate walk with God through his Son Jesus, we must repent daily, show sincere fruits of repentance, Re-Bible by finding God's Word to determine what He requires,-- then, the gates swing open to a spirit-filled Revival.

*Elder Corey L. Bellamy Sr., Associate Pastor*

## ***Our Mission***

Through God's inspired guidance, we will offer every man the Gospel of Christ, encourage them to pursue God, while equipping them for spiritual service at church, home, workplace, community and the world.



# Youth Corner

## I Got a Testimony



It all started when my mother went to the hospital for an ultrasound while she was pregnant with me. When the test results returned, the doctors said that I wasn't going to live, that I was going to die in the womb. My mom was sad, but did not accept that. She kept her faith in God and knew that He would let me live. On July 10, 1994, I was born into the world. When I was born, the doctors discovered that I had kidney problems. In 2002, my kidneys had failed and a transplant was needed. On August 22, 2002, I received a kidney from my mother. After having the transplant for about 7 ½ months, during the summer of 2009, my kidneys were starting to shut down. I prayed and prayed that God would heal me or, if needed, be able to have another kidney transplant. On September 14, 2009, I received another kidney and I was eternally grateful. After weeks I was being discharged from the hospital, I had to go back to the doctor's office for a check-up. I was again admitted to the hospital because the new kidney was starting to act up. While I was at the hospital, I was very ill almost every day with a fever, feeling nauseous, and feeling excruciating pain. During my visit, my lungs also collapsed because it was full of fluid. After a week of going through torture, I was finally discharged. The doctors ordered me to stay home for 3 months because I had a weak immune system, which meant that it was easy for me to get sick, so I had to stay away from the germs. One night, I decided to thank and praise God for constantly healing me. I went into the bathroom around 10:45pm and started to seek the Holy Ghost. A couple of minutes after midnight on Wednesday, October 14<sup>th</sup> 2009, I received the precious gift of the Holy Ghost. I was so excited. I am currently active in the church as an usher and a choir member. I thank God for what He has done, what He is doing and what He is going to do in my life.

Henry Young, III



Maywood, IL (CTCAFM Real Men) -- The word is extremely clear. There is no need of optical advancements for the visually impaired. A message so transparent you can see right through it. There's a hovering spirit of seduction that needs to be rebuked. Its snatching saints left and right. For the most part, the seducers will not realize they're on the opposing team. Even more disturbing are the individuals that are aware of the planned opposition and don't mind it and invite it. You almost made it my brother; you almost made it my sister, the message given at the end of the fight. I'm reminded of watching sport highlight reels and a runner that's been working all game to break free finally breaks loose. He's heading for the reward of the touchdown leaving everyone else behind. The ultimate goal that the runner has been working for is just a few steps away. Just as he gets near the breaking point of the end zone he loses focus. The runner begins to act out of character by dancing and prancing along the five yard line. Aware that all the attention is on him, he believes he'll have time to recover and break the plane. In a split second, from out of nowhere, he's tackled by the defender. Not only is he tackled but he also fumbles the football. He scrambles to recover just as the defenders, but the unusual shape of the ball makes its next motion unpredictable. The opposing team recovers the football and the game is over.



Who has sinned against my God? Who has offended my LORD? What selfless act has forced God to allow this spirit of seduction to distract our team? Show yourself and make it known. I most certainly hope it wasn't me, for the accountability of such a crime is unseen. While you may have repented of your err and turned the wrath away from yourself, the actions may still affect others. Our teammates are being tackled when they were so close to attaining the goal. They've fumbled the ball; it's our job to assist in recovering. You block that defender, I'll block the other. Hopefully, this will allow our teammates to get off their face, brush themselves off, and complete the task. Blessed is the Name of our LORD!

-Michael Pierre Bellamy

# TOUCHDOWN

Gentlemen,

We are off to an exciting and rewarding year. I want to personally thank each of you who attended and participated in the Black History Event. I take my hat off (so to speak) to our planning committee and give kudos to the writers Valorie Anderson, Shana Nicole, and Lendoria Orr.

Next month, Friday, May 6<sup>th</sup> at 7:30 pm, we are planning a triple header. Our own Elder Sullivan May, Elder Brian Lawrence and Elder Jerry Lawrence are scheduled to speak for our Men's Ministry service. So that there is no misunderstanding, all are welcomed. Our theme is: No Man Left Behind. Let's be very clear. The OPERATION has us fully engaged in spiritual warfare. While on the battlefield, we have absorbed blows from the enemy and have assessed several casualties. Our casualties are men of all ages. The cry has gone out for a medic and we are on the way. These men are injured and we refuse to leave them on the battlefield under heavy fire. It is our duty and responsibility to implement Operation: "NO Man Left Behind". With the help of the Lord, we are going on the battlefield to pursue our brothers and if they can't walk, we will pick them up (in a fireman's carrying position) and haul them into safety. Pray for us as we pursue this endeavor.

In addition, we are in the process of planning several exciting events for you this year. It is our plan to create an outdoor event, seminars, horseback riding, fishing and basketball outings. If you have any suggestions, please, contact a member of the planning committee so that we can discuss your ideas.

In closing, enclosed in this addition of the Real Men's News Briefing you should have received a registration form. It is our mission to register all males so that we can better serve you. Please, take the time to complete the enclosed form and give it to Deacon John P. Bellamy, III. Your participation is greatly appreciated.

Thanks for the opportunity to serve and we look forward to a great year.

Kind Regards,

*Deacon Anthony D. Bellamy*  
Chairman, Men's Ministry

The OPERATION has us fully engaged in spiritual warfare.

## Someone You Should Know

Emanuel Gonzalez was born and raised on the North Side of Chicago. He went to Mexico at an early age with his father and it was there where he learned the value of hard work and discipline. After 3 years, he and his father returned to Chicago, it was during this time in his young life that Emanuel learned valuable lessons. He was caught up in the street life until he was introduced to holiness. On January 1, 2008, Emanuel received the gift of the Holy Ghost according to Acts 2:1-4 and begin his Christian journey. It wasn't long after he received the Holy Ghost that Emanuel was introduced to the baptism in Jesus' name by Brother Gary Goldstein at work. After searching for a church that baptized believers in the name of Jesus, He spoke with our Pastor D/E Michael Bellamy. By God's divine providence, Emanuel came to Christ Temple during the altar call (what timing) and was escorted to be baptized as he came through the church doors. Emanuel is a very passionate and conscientious disciple; he held his first service in Ottawa, IL December 6, 2008.



I had an opportunity to briefly speak to Emanuel recently and asked him a few questions.

**Q:** What are your goals spiritually?

**A:** "To have a more intimate relationship with God"

**Q:** What is next on the horizon for you?

**A:** "Right now I am mad at the devil, and my focus is to go and take back the souls which the devil has taken and to fight against him"

God has done a great work in Overseer Emanuel's life, Upon ending our brief conversation, He wanted to share a miracle of God's healing power. Emanuel used to drink a lot before he got saved and during this time he developed an ulcer. Upon receiving the Holy Ghost, God delivered him from alcohol and it was a short time after receiving the Holy Ghost that Emanuel went to the doctor's office for a checkup. It was found later that the ulcer miraculously disappeared. "God healed me from having an ulcer without taking any medication". God not only is a deliverer, but He is also a Healer. To God be the glory for the things He has done. Overseer Emanuel Gonzalez is doing a great job in Ottawa, with the Spanish Ministry and he is certainly someone you should know!

*Elder Jerry Lawrence*



# OPERATION: NO MAN LEFT BEHIND

## Maywood Samaritan

Mr. Terry

For quite a while we were experiencing a mystery. After an accumulation of snow on the ground, we would arrive at Church only to find that the snow was plowed on the sidewalk area. We would ask the question, who plowed the snow? We had no answer. Someone was helping us out and before we could see them, they would disappear. Finally, after a long period of time one of our members came out to the church and caught the culprit in the act. It was our Maywood friend, Mr. Terry. He was using the plow on his pick-up truck to clear the snow off the sidewalk. This is just one of the many acts of kindness that Mr. Terry has displayed over the years.

Eugene Terry- was born in Jackson, Mississippi. He came to Chicago in 1953 and has been a pillar in the Maywood Community for 40 years. He has been acquainted with the Christ Temple family for a long time. I had the distinct privilege of interviewing Mr. Eugene Terry a short time ago via phone, and I asked him:

Who were the two most influential people in his life? Firstly, it was his mother Pearl and she passed along to him two great pearls of wisdom which he remembers to this day. They were 1) treat people the way you want to be treated. 2) She also told him “don’t take anything for granted”. The other person who was influential in his life was Ernest Ed May and this gentleman taught Eugene to be a tradesman.

As I continued to engage Eugene, I asked what advice or words of wisdom could he bestow upon our younger generation and he replied “don’t expect anything from anyone, because nothing from nothing leaves nothing” and that “people’s friendships shouldn’t be built on dollars and cents”

Upon further conversing with Eugene, I had to cut our interview short because he was just getting out of the hospital and was convalescing at home. But, before we got off the phone, he left me with these two thoughts, he said “Number one, the Christ Temple Church family is great people” and I certainly concurred, and lastly he said “You should always listen to someone because no one knows everything”

Upon speaking with this gentleman, spending a little time with him, I feel that he is definitely someone you should know.

### Christ Temple Church of the Apostolic Faith International Ministries

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District Elder Michael Bellamy, Pastor



Elder  
Sullivan May



Elder  
Jerry Lawrence



Elder  
Brian Lawrence

## Men's Ministry

Invites You To Join Us In A Night Of

## *Spiritual Warfare*

Friday, May 6, 2011

7:30 p.m.

## Operation: No Man Left Behind

...if a man have an hundred sheep, and one of them be gone astray, doth he not leave the ninety and nine ...and seeketh that which is gone astray?  
Matthew 18: 12



# Coming Soon...

## HOOPIN' IN PART THE HOLY LAND 2



ISRAEL (CTCAFM REAL MEN) -- First off, I want to thank and praise God for giving me the opportunity to do what I love doing and for allowing basketball to be my blessing my entire life which has taught me about morals, discipline, respect, working with others no matter their culture, race, or where they are from. Not only do I get to play professional basketball, but I get to play in Israel. This season has been great so far, right now I'm averaging 24pts, 7assist, 6rebs 3stls a game. This is my 7th season as a professional athlete and it's kind of funny being one of the oldest guys on the team. It's fun mentoring and guiding the younger players.

I really enjoy Israel. The weather is beautiful, perfect as always. Getting to go to the beach on the Shabat, which is the holy day on Saturday, is a great feeling. Sunday's are like Mondays over here in Israel, just a regular day. I've gotten to spend time in Jerusalem going to Jaffas gate, King David's Temple, Herrods gate, Mount of Olives, just seeing all the places Jesus walked, ate, and hung out, even places Jesus preached. I am fortunate to have seen it all. I'm looking forward to going to His tomb my next trip to Jerusalem, touching Jesus' cross, going to Jesus' mother's tomb, and the upper room which is where everyone received the Holy Ghost on the day of Pentecost. Also, in that same building is where he had the last supper, which I'll see the exact room. I did get a chance to see the Garden of Gesthemne.

Other than Jerusalem, this year in Israel, I plan on going to Tiberius, Eilat, Bethlehem, Nazareth, and the Dead Sea. Tiberius is the Jordan River not far from Nazareth where Jesus was baptized. I wanted to go to Mount Sinai, but it's in Africa in Egypt which is close by. Depending on how the relationship with Israel and the Arabs are will determine if I go or not...but, I know in Eilat I can see Mount Sinai, the Red Sea, and the wilderness that the disobedient Israelites had to wonder. If I get to go there and touch that land, that would be great. But if not I'll take a picture from a distance :-).

Stay tuned for my next update. Pray for me in Jesus' name. I love you all and Christ Temple Maywood will forever be my church home always.

Yours Truly,  
Jitim Young

**3rd Annual  
Men's  
Camp Meeting  
Retreat  
& Bible Conference**

**May 6 & 7, 2011**  
Shiloh Park  
1734 South. 350 East.  
Marion, Indiana 46953  
Retreat Fee \$150  
Register Online @  
[www.peafnkm.com](http://www.peafnkm.com) or Call 773 220-2802  
**REGISTER TODAY !!!**

**Bishop Lambert W. Gate Sr.**  
Host Pastor  
Indianapolis, IN

**Bishop J.E. Moore**  
PCAF Presiding Prelate  
Joliet, IL

**Bishop Jerry L. Jones Sr.**  
King of Men Chairman  
Chicago, IL



## Saving Money While Conserving Energy

Have you ever wondered what makes your utility bills so high? Do you feel helpless as the bills grow higher and higher? Well, you are not alone and you can do something about it. Making simple no or low cost improvement can save money and conserve natural resources.

First, we will start with adjusting the thermostat. During the winter months it may be tempting to crank up the thermostat when it gets cold outside. Instead of placing the thermostat where you normally would, lower the temperature a few degrees and dress a little warmer in the house. Lowering the temperature as little as 1 to 3 degrees can make a significant difference in energy consumption. In addition, lower your thermostat at night and whenever the house is empty. Consistently setting your thermostat back 10 degrees at night may reduce your heating bill by 10 to 20 percent. For even more savings, lower the thermostat on your water heater to 120 degrees. Some water heaters come from the factory with high temperature settings, but 120°F water temperature provides comfortable hot water for most uses.

Other low cost improvements involve insulating your electric hot-water storage tank, being careful not to cover the thermostat, and replacing incandescent light bulbs with energy star qualified compact fluorescent lamps (CFLs). CFL bulbs use about a quarter of the energy and produce about 75% less heat making them generally safer to operate. These bulbs can also cut home cooling costs and save you around \$30 over the course of each bulb's lifetime.

Ultimately, the power to start saving money on your utility bill and conserving the earth's resources is in our hands. With a couple of easy steps, you will be on the road to lower utility bills. Just remember, something as little as turning off the water while brushing your teeth or shortening your shower can save you gallons of water per month, which translates into savings.

*Dunk D. Buie, Jr.*



## Health Tip

(Health Day News) -- Many foods and recipes include lots of salt (sodium), which can raise your blood pressure. The U.S. National Heart, Lung, and Blood Institute suggests how to cut down on sodium in your diet:

- Purchase vegetables that are fresh, canned or frozen without any added salt.
- Stick to fresh meat, fish and poultry instead of processed or canned products.
- Season foods with salt-free seasonings, spices and herbs. Avoid instant pastas, rice and other foods with prepackaged seasonings.
- If you do eat canned foods, rinse the contents to wash off some of the sodium.
- Avoid prepared foods such as frozen pizzas or entrees.
- Buy lower-sodium varieties of your favorite foods.

-- Diana Kohnle

## A Shot Of Joy

Elder Samuel Bellamy

There is no joy, peace, comfort, thrill like what Jesus Christ gives. Everything else is seasoned with sorrow. There is no sorrow added to the life that comes from Jesus. Jesus shares the oil of gladness with his saints.

God's river produces streams that bring gladness to his people. Those streams water the dry and thirsty land; and God's people break forth into singing. They release sacrifices of praise that yield a sweet smelling savor. They offer an acceptable praise to him. The saints on the earth rejoice like the morning stars in heaven. God's garden is all through the world. He waters His garden with unspeakable joy; and with peace that is beyond human comprehension. As His glory rests on people of every nation, kindred and tongue, He promises that they will not be stolen, killed or destroyed. Their mortality and corruption will turn to immortality and incorruption. His people will live forever. They will enter into the Joys of the Lord; the meek will inherit the earth.

Would you like to have an article consider for publication in the Briefing? If so, please contact Deacon Anthony Bellamy ([a-bellamy@sbcglobal.net](mailto:a-bellamy@sbcglobal.net)) with your inquiry.

# Men's Health

Cholesterol is a soft waxy substance found in the lipids (fats) in the bloodstream and in all your body's cells. For all the bad press it gets, the fact is that you need cholesterol, because your body uses it to form cell membranes, create hormones, and perform several other crucial maintenance operations. But a high level of cholesterol in the blood-pressure cholesterolmia-is a major risk factor for coronary heart disease, which leads to a heart attack. You get cholesterol in two ways. The body-mainly. The liver-produces varying amounts, usually 1,000 milligrams a day. But when you consume foods high in saturated fat-mostly trans fat-your body goes cholesterol crazy, pumping out more than you could ever use. Some foods also contain cholesterol, especially egg yolks, meat, poultry, fish, seafood, and whole-milk dairy products. But the majority of it, and the stuff I want you to focus on is made by your own body. Some of the excess cholesterol in your bloodstream is removed from the body though the liver. But some of it winds up exactly where you don't want it-along the walls of your arteries where it combines with other substances to form plaque. Plaque is whack for several reasons: First, it raises blood pressure by making your own heart work harder to get blood through your narrower vessels, which can eventually wear out your heart. Second, plaque can break off its little spot and tumble through your bloodstream, eventually forming a clot that can lead to stroke, paralysis, death and other annoyances. Inside your body, a war is raging right now between two fractions of specialized Sherpa's called lipoproteins that are moving cholesterol around your insides according to their own specialized agendas. There are several kinds, but the one to focus on are the good guy and the bad guy, HDL (high-density or "helpful" lipoprotine) and LDL (low-density or "lazy" Lipoprotine) cholesterol. HDL helps by picking up cholesterol and getting it out of the bloodstream by carrying it back to the liver where it is passed out of the body. LDL has no interest in helping out at all. LDL wants to stick Cholesterol in the most convenient place it can find, meaning your arteries. Simply put, HDL wants to come to your aid, but LDL is just sitting there laughing at you. So whose side are you on? Let's give HDL a hand by eating some of there helpful foods.

1. Green tea
2. Grapefruit
3. Cranberry juice
4. Whole grains and beans
5. Oatmeal
6. Leafy greens
7. Garlic
8. Nuts(almonds)



*Cedric Jordan*

## *The Village of Maywood*

The Village of Maywood, Illinois was founded April 6, 1869 and is a part of Proviso Township. Maywood has an approximate area of 13 square miles and a population density of about 10,000 people per square mile. Like all communities, Maywood has some great accomplishments as well as disappointments.

### Most Notable

Maywood has been put on the map mostly as a result of the molding of the Proviso High School Sports' Programs. Gale Sayers played football at Proviso East and became one of the Bear's top stars. Other athletes such as Doc Rivers, Michael Finley, and recently Shannon Brown are now employed by the NBA. Shannon Brown and Michael Finley currently play for NBA teams and Doc Rivers currently coaches. It is with pride that I boast, as a Junior High teacher and coach in Maywood for thirty-five years, I was able to coach both Michael and Shannon. Known from coast to coast, Dennis Franz a movie star that has appeared in countless number of movies also attended Proviso East High School.

### What Makes Maywood

In early years, The American Can Company employed thousands of people enabling Maywood to thrive. In the 1970s that company closed its doors and today many residents work in other communities on service related jobs. Places such as The Metra Rail Station, Loyola Hospital, Fire Stations, Police Department and other similar places still hire those who qualify.

When considering employment in the Chicago land area, Maywood is a premium location. Maywood is near communities where jobs are plentiful. It is located between downtown Chicago and the far Western Suburbs. The majority of the village has easily accessible public transportation that makes it easier for the citizens to commute to and from work. Maywood also has plenty of housing at affordable prices. People are cognizant of the fact that they can buy a home in Maywood for less than most of the surrounding communities. Therefore, the faces of Maywood are changing. During the 70s through the year 2000 the village was inhabited by mostly Blacks, however today the population is becoming more diverse.

### Conclusion

I have seen a great deal of change since my thirty-five years as a resident of Maywood. Elected Officials are doing their best to keep "Maywood on The Move". They have also worked hard to live up to the village's motto of being "The Village of Eternal Light". Has Maywood succeeded? It depends on who you ask. I feel encouraged by some of Maywood's recent developments and foresee positive changes in the future.

By: Brother Dunk D. Buie

